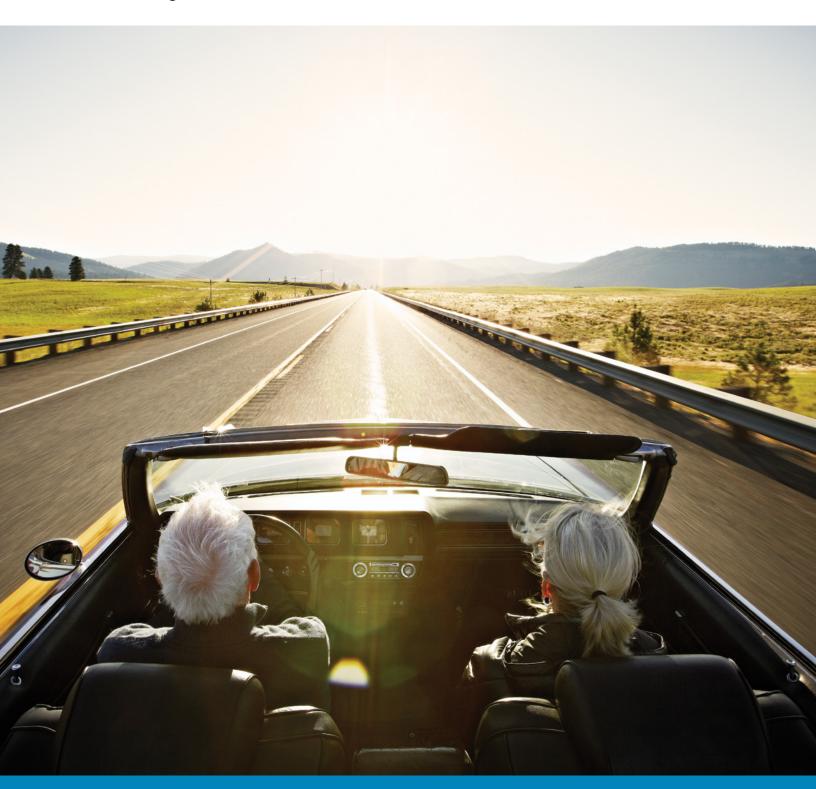
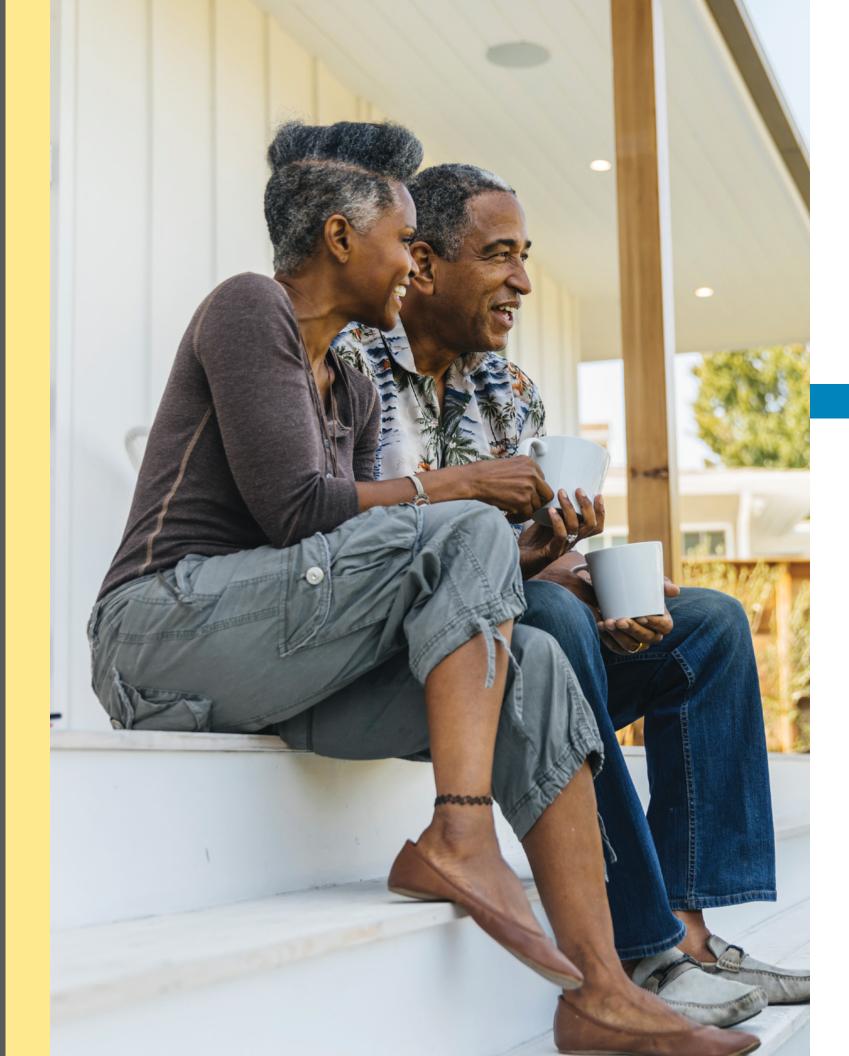


# **Final Wishes**

Planning Guide





This boo	klet belongs to:
A messa	ge to funeral participants:
	unselor who assisted in preparing this plan. Please kno ailable to help in any way I can.

Name

Email Signature

Telephone number

### Your voice

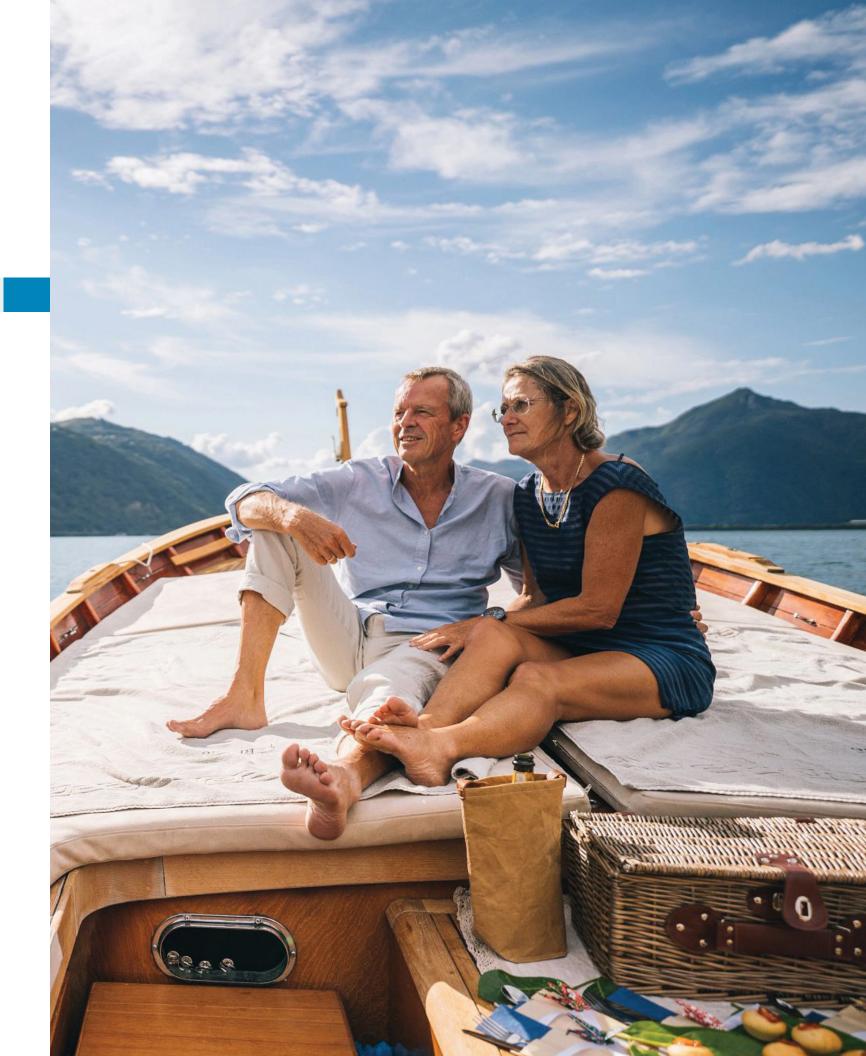
Someday, this Final Wishes Planning Guide will speak for you. Preparing the booklet now is a thoughtful gesture your family and friends will appreciate.

The questions are simple and easy to follow. If you need assistance in completing this booklet, just ask your TruStage™ Preplanning Solutions Representative for guidance.

The result will be a clear record of your final wishes, a source of important documents for legal and public records and a permanent keepsake of your fondest memories to speak to future generations.

Please store this completed booklet in a safe but public place in your home. Everyone in your family should know exactly where to find it quickly and easily without a key or the distress of a search.

Your current efforts will lighten your loved ones' responsibilities and ensure that your funeral wishes are honoured.





### To my loved ones:

I wanted to spare you as much anxiety, grief and expense as possible at the time of my death, so I've suggested some arrangements in advance through this booklet. I hope they relieve some pressure at this difficult time.

This booklet is divided into two parts. The first section includes vital statistics, funeral service guidelines and cemetery requests — all important to the funeral director while planning the details of my service.

The second section is more personal and provides material for eulogies, obituaries and other remembrances. There are additional information pages at the end of the booklet.

Please accept these arrangements in the spirit they are given: with love, hoping to soothe your hurt and help you remember the best times we shared.

Signature	Date	
Witness	Date	



## Section one: Information for the funeral director

Completing this section thoroughly will provide your funeral director with all the information necessary to assist your family in making final arrangements as easy and meaningful as possible.

More specifically, the section will help your funeral director identify the people responsible for making funeral arrangements, file necessary papers, guide your family's claims for survivors' benefits and arrange the details of your funeral with clarity on key matters.



## First person to be notified upon my death

City	Prov Postal code
O Same as above	O Other
City	Prov Postal code
	O Same as above



### Friends and relatives to be notified

Name			
Relationship			
Street address			
	City	Prov	Postal code
Telephone number			
Email			
Name			
Relationship			
Street address		]_ [	
	City	Prov	Postal code
Telephone number			
Email			
Name			
Relationship			
Street address			
otreet address	City	Prov	Postal code
Telephone number	,		
Email			
Name			
Relationship			
Street address			
	City	Prov	Postal code
Telephone number			
Email			

## Friends and relatives to be notified (cont.)

Name			
Relationship			
Street address			
	City	Prov	Postal code
Telephone number			
Email			
Name			
Relationship			
Street address		1	
	City	Prov	Postal code
Telephone number			
Email			
Name			
Relationship			
Street address		1	
	City	Prov	Postal code
Telephone number			
Email			
Name			
Relationship			
Street address		1	
	City	Prov	Postal code
Telephone number			
Email			





## Friends and relatives to be notified (cont.)

Name		
Relationship		
Street address		
01.001.000	City Prov Postal code	
Telephone number	City Fostal code	
Email		
EIIIdii		
Name		
Relationship		
Street address		
51, 551 ddd, 555	City Prov Postal code	
Telephone number	Oity Triov Estroscar code	
Email		
Littali		
Name		
Relationship		
Street address		
51, 551 dda, 555	City Prov Postal code	
Telephone number	City Flow Fostal code	
Liliali		
Name		
otieet addiess	City Dootsloods	==
Tolonhono numbor	City	
•		
Telephone number Email  Name Relationship Street address  Telephone number Email	City Prov Postal code	

### Friends and relatives to be notified (cont.)

Name	
Relationship	
Street address	
	City Prov Postal code
Telephone number	
Email	
Name	
Relationship	
Street address	
	City Prov Postal code
Telephone number	
Email	
Name	
Relationship	
Street address	
	City Prov Postal code
Telephone number	
Email	
Name	
Relationship	
Street address	
	City Prov Postal code
Telephone number	
Email	



## Vital statistics about me

Current home address		
	City	Prov./Country
My birthdate		
Birthplace	City	Prov./Country
Father's name		
Birthplace	City	Prov./Country
Mother's name		Maiden name
Birthplace	City	Prov./Country
Marital status	○ Married ○ Sing	le O Divorced O Widowed O Other
Spouse's name		
Education		
Grade completed		
Degree(s)		
_		
Occupation		
Employer		
Type of occupation		
Pate retired (if applicable)		
Next of kin/Relationship		
Phone and/or address		
Email		
Secondary next of kin		
Phone and/or address		
Email		
T .:		
Tertiary next of kin Phone and/or address		
Email		

Military service	
Branch of service	
Service serial number	
Date enlisted	
Place enlisted	
Type of separation or discharge	
Place of separation	Date
Location of discharge papers	
Highest grade/rank/rating	
War(s)/conflict(s) served	
Medals/honours/citations	
Additional military information	
Additional personal information	
Additional personal information	

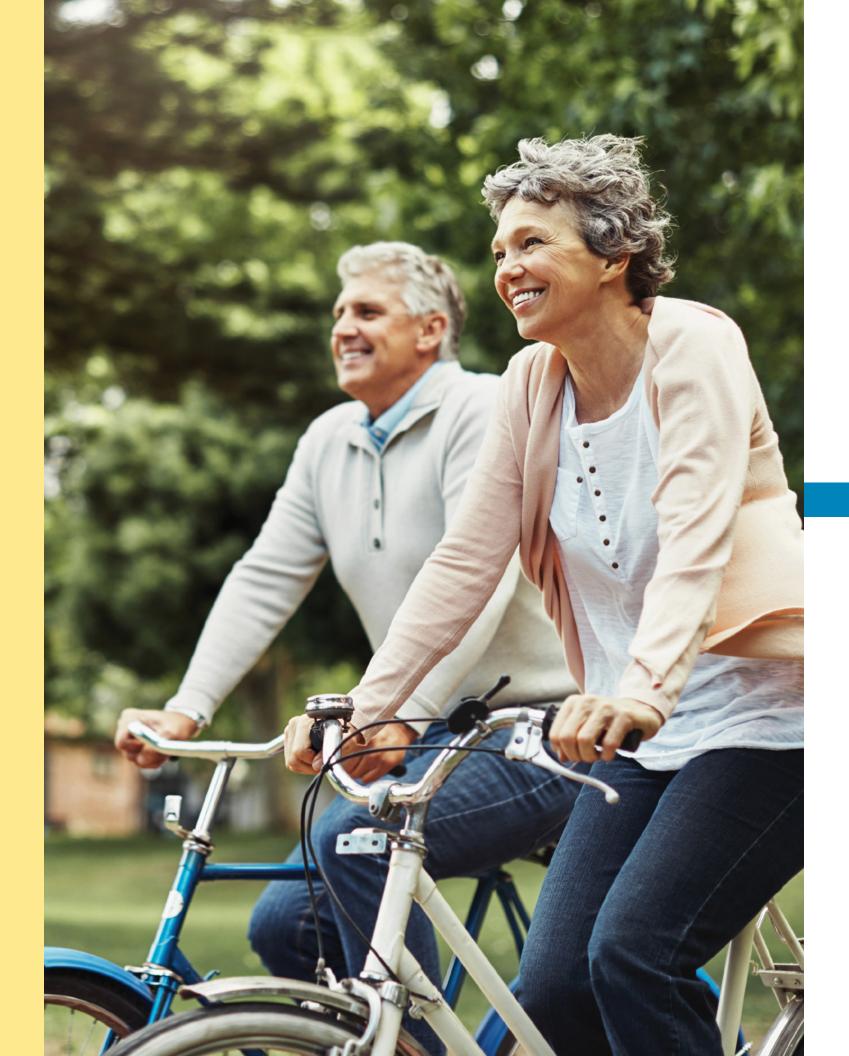


## My preferences for the service

	○ Burial of body	<ul><li>Cremation</li></ul>
Person completing arrangements		
Telephone number		
Preferred funeral home/director		
Place of service		
Type of service		
Clergy or celebrant		
Eulogist/tributes		
Ediogist/ tributes		
Visitation	○ Family only	○ Family and friends
Special requests	O Donations in lieu of flowers to	O Family and mends
opeolar requests	Other (please specify)	
Lodge, society or fraternal organization(s)	Other (please specify)	
Music		
Glasses	○ Remove	O Leave on
Jewelry	○ Leave to family	O Leave on
Clothing	O Purchased	○ Selected
Pallbearers/honourary pallbearers		Phone
		Phone
		Phone Phone
		Phone
		Phone
		Phone
Preferred casket		
Preferred urn		

## Cemetery instructions

	These are my wishes regarding the final disposition of my remains.
Final disposition	○ Earth burial
	O Inurnment
	O Columbarium niche
	Scatter (please specify desired location)
	Retain by family
	Other (please specify)
Name of cemetery	
Location	
Cemetery property owned?	O Yes O No
Monument/marker	
Inscription	
Additional information	



## Section two: Personal remembrances

A funeral should honour the life lived. And, because your life is unique, its memorial should evoke your distinctive qualities.

This section will help participants in your funeral focus on how you wish to be remembered. Afterward, it will be a treasured keepsake of your life. You may wish to use a video or audio recorder to tape your responses, and perhaps have a family member interview you.

## Information for the obituary

Suggested newspapers		
Include photo	O Yes O No	
Place of birth		Date
Spouse		
Education	O Yes O No	
Married		
Wedding Date and Place of Marriage		
Widow/widower of	O Yes O No	
If yes, place of death		Date
	Name	Place of residence
Children		
Grandchildren		
Siblings		

## Information for the obituary (cont.)

Religious affiliation	
Clubs and lodges	
2.48.2 2 2 2 2	
/ar(s)/conflict(s) served	
var(s)/commet(s) served	
Employment	
Linployment	





# Personal remembrances and life review Information for the eulogy

	Information for the eulogy
would like the following religious	
beliefs expressed at my funeral	
Some significant	
accomplishments in my life	
One of my	
fondest memories	
One of the greatest	
inspirations in my life	
If I could live my life	
over again, I would:	

## Information for the eulogy (cont.)

Occupations	
Employers	
Business associates	
Hobbies	
Favorite places	
·	
Religious affiliation	
House of worship	
Address	
Member since	
Religious activities and offices held	
ixengroup detivities and offices field	
Organizations (service clubs ledges	
Organizations (service clubs, lodges,	
fraternities, sororities, etc.)	
Organization activities	



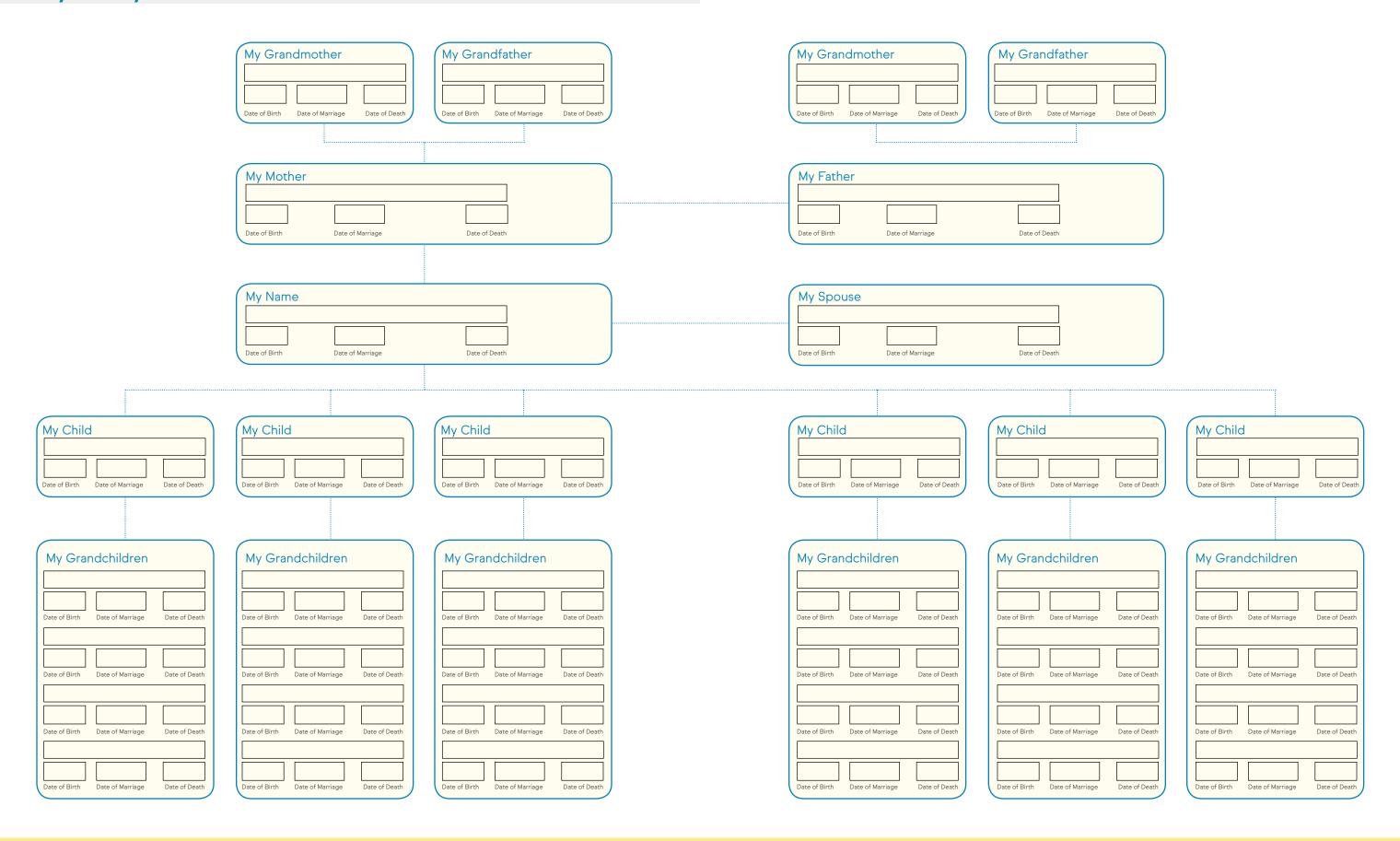
## Information for the eulogy (cont.)

Favorite poem or scripture	
Favorite song or music	
Favorite flower	
Favorite colour	
My unfinished work	
,	
My pets	
More of my favorite things	
More of thy lavorite things	
I want my family to remember me for:	
, , , , , , , , , , , , , , , , , , , ,	

## A final message for my family and friends



# My family tree





### Important people, papers and accounts

We all accumulate important papers. Some have sentimental value, such as graduation certificates, letters from loved ones and commendations from fellow workers or employers. Others have financial value, such as stocks and bonds, wills, savings account passbooks, deeds, veterans records and insurance policies.

To help make sure everything is in order, here are the places where I've stored everything.

Birth and marriage certificates		
O .		
Will and testament		
Social Insurance Number		
and location of physical card		
Insurance policies	Company name	
	Policy number	
	Company name	
	Policy number	
	0	
	Company name	
	Policy number	

### Important people, papers and accounts (cont'd)

33

Military records			
Description of homostand property			
Description of homestead property owned Location			
owned Location			
Mortgage holder name			
Mortgage Holder Hame			
Description of secondary property			
owned Location			
Mortgage holder name			
Information on benefits available from any	Company name		
Information on benefits available from any retirement plan may be obtained from	Company name Address		
,		Postal code	
,	Address	Postal code	
,	Address Prov	Postal code	
,	Address Prov Telephone	Postal code	
,	Address Prov Telephone Email	Postal code Password	
,	Address Prov Telephone Email Web address		
retirement plan may be obtained from	Address Prov Telephone Email Web address		
retirement plan may be obtained from  Stock and bond certificates	Address Prov Telephone Email Web address		
retirement plan may be obtained from  Stock and bond certificates	Address Prov Telephone Email Web address		
retirement plan may be obtained from  Stock and bond certificates	Address Prov Telephone Email Web address		

## Important people, papers and accounts (cont'd)

Financial Planner	Name	
	Address	
	City Prov Postal code	
	Telephone	
	Email	
Savings account(s)	Establishment name	
	Account No.	
	Username Password	
	Establishment name	
	Account No.	
	Username Password	
Bank account(s)	Establishment name	
	Account No.	
	Username Password	
	Establishment name	
	Account No.	
	Username Password	
Credit card(s)	Type Number	
	Web address	
	Username Password	
	Type Number	
	Web address	
	Username Password	
	Type Number	
	Web address	
	Username Password	

## Important people, papers and accounts (cont'd)

Lawyer	Name	
	Address	
	City	Prov Postal code
	Telephone	
	Email	
rimary doctor	Name	
,	Address	
	City	Prov Postal code
	Telephone	
	Email	
Specialist	Name	
	Address	
	City	Prov Postal code
	Telephone	
	Email	
Social media	Site	
	Username	Password
	Site	
	Username	Password
	Site	
	Username	Password
	Site	
	Username	Password
	Site	
	Username	Password

Additional information

Additional information (cont.)

Additional information (cont.)

Additional information (cont.)			

### To the survivors:

### A few thoughts on how to manage bereavement

As natural as death is, modern culture has made it hard for those affected to grieve in ways that feel the most natural. We often tend to bottle our sadness inside. This only makes the process more difficult and less complete.

It's important to feel like you can share your feelings of loss with others. A funeral ceremony is an important first step, but the weeks and months that follow are crucial, too. We encourage you to seek out family, friends, clergy or a professional therapist, even if you feel you're coping well. This can be particularly important for children.



TruStage<sup>™</sup> is committed to providing you with the outstanding customer service you deserve and answers to all of your questions and concerns when needed.

For more information regarding this guide, please contact your local representative, or contact our customer service center:

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TruStage is the market leader in prefunded funeral insurance in the U.S. and Canada. For over 80 years, our companies have helped bring peace of mind. Our products help funeral firms manage risk, process payments and provide more support for the people and families they serve.

For more in	nformation	
agent	name	
agent n	umber	

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